



AHA Chapter

THE NEWSLETTER OF

# The HUMANIST ASSOCIATION of CONNECTICUT

October



UU Humanists Local Group

## Monthly Meeting "Water Conservation" Speaker: Paula Jones

Monday October 19, 7:00 p.m.

Paula Jones is one of the founding members of Save Our Water CT, a non-partisan, citizen-led group working to protect Connecticut's waters through increased citizen engagement. Save Our Water CT advocated for passage of the State Water Plan and recognition of water as a public trust resource.

Paula currently serves as Bloomfield's representative to the 9-town Lower Farmington River Wild & Scenic Committee, on Bloomfield's Conservation Energy & Environment Committee, and on the Parks & Recreation Committee.

Additionally, she is Vice President of the Wintonbury (Bloomfield) Land Trust Board. Paula will be talking about the drought, what individuals can do, and about the politics around water - including the fierce resistance to including the statement that Water is a Public Trust Resource in Connecticut's State Water Plan. She'll try to focus on tangible things we can do to conserve this precious resource!

## Calendar of Events

RSVPs are welcome at [meetup.com/cthumanist](http://meetup.com/cthumanist). You can find out about events and get the latest newsletter at [www.cthumanist.org](http://www.cthumanist.org). Programs are held ONLINE this month with the possible exception of the Book Discussion meeting.

### OCTOBER 2020

Sat. 3	Explorations Topic: Leaving Violent Groups	2:30 p.m. to 4:30 p.m.
Mon. 5	Monday Social (Turkish Kebab House)	7:00 p.m.
Sat. 17	Book Discussion: "How to Change your Mind" by Michael Pollan	2:30 p.m. to 4:30 p.m.
Mon. 19	Monthly Meeting: "Water Conservation" Speaker: Paula Jones	7:00 p.m.
Sun. 25	Board Meeting	3:30 p.m.
Mon. 26	Monday Social (Wood-n-Tap) Topic: Why is Africa So Poor?	7:00 p.m.

### NOVEMBER 2020

Mon. 2	Monday Social (Turkish Kebab House)	7:00 p.m.
Sat. 7	Explorations Topic: Patriarchy Hazardous Your Health, with Dr. Peter Rothenberg (Read "Why Does Patriarchy Exist?" by Carol Gilligan and Naomi Snider.)	2:30 p.m. to 4:30 p.m.
Mon. 16	Monthly Meeting: --- Speaker: ---	7:00 p.m.
Sat. 21	Book Discussion: "Nemesis" by Philip Roth	2:30 p.m. to 4:30 p.m.
Sun. 22	Board Meeting	3:30 p.m.
Mon. 23	Monday Social (Wood-n-Tap) Topic: ---	

## Humanist Explorations: Leaving Violent Groups

-October 3 - 2:30 p.m.

Christian Picciolini tells his story of his descent into America's neo-Nazi movement and how he got out.

<https://www.youtube.com/watch?v=SSH5EY-W5oM>

Gerardo Lopez tells his story of joining and leaving MS-13.

<https://www.youtube.com/watch?v=6qkSMkiGWdg>

--- This session of Explorations will be re-run in December. ---

## We Need Your Membership!

Join our 46 members! Pay in October and you're covered for the next year. What a deal! Mail your check (\$35 individual, \$50 family) to Treasurer Nina Stein at 380 Hitchcock Rd., #272, Waterbury, CT 06705 <https://www.cthumanist.org/membership/>

[www.cthumanist.org](http://www.cthumanist.org)

[www.meetup.com/cthumanist](http://www.meetup.com/cthumanist) . [www.facebook.com/cthumanist](http://www.facebook.com/cthumanist) . [www.twitter.com/cthumanist](http://www.twitter.com/cthumanist)

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## Topics of Interest

### Police Accountability Forum

What exactly does the Act Concerning Police Accountability mean for Connecticut residents and police? Read about it at [www.weconnect.org](http://www.weconnect.org).

### Help Get Out the Vote!

#### Phone banking

There are lots of opportunities in Pennsylvania, Ohio, Florida, and Wisconsin.

Email [UUtheVote@usnh.org](mailto:UUtheVote@usnh.org) for a list. The election is less than 40 days away. Please be a part of this work for our democracy.

### Recovering from Religion

Doubt your beliefs? Have questions about changing or leaving your faith? You are not alone, and we are here to help. Find out about upcoming events at <https://www.meetup.com/RfR-New-Haven-CT/>

### Monday Social (Turkish Kebab House)

- October 5, 7:00 p.m.

Join us online for our Virtual Social Dinner, and discuss a wide range of topics with like-minded people.

Link to event: <https://us02web.zoom.us/j/88032651877>

### Book Discussion: "How to Change Your Mind: What the New Science of Psychedelics Teaches Us about Consciousness, Dying, Addiction, Depression and Transcendence" by Michael Pollan

- October 17, 2:30 p.m.

"A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs – and the spellbinding story of his own life-changing psychedelic experiences. A unique and elegant blend of science, memoir, travel writing, history, and medicine, "How to Change Your Mind" is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world." - Amazon

For details and meeting location (outdoors or online) go to <https://www.meetup.com/cthumanist/events>.

### Monday Social (Wood-n-Tap)

#### Topic: Why is Africa so Poor?

-October 26, 7 p.m.

Arikana Chihombori-Quao, MD. was, until recently, the Ambassador to the United States for the African Union. Did you ever wonder why Africa is so poor? She has a surprising explanation.

<https://www.youtube.com/watch?v=nCp5hjQft1s>



### Connecticut Food Bank

Donate online at [www.ctfoodbank.org](http://www.ctfoodbank.org) or send checks to:  
Connecticut Food Bank, 2 Research Pkwy, Wallingford, CT 06492

### Tech Tip

Go to <https://www.meetup.com/cthumanist/> for the latest information. Scroll through the Humanist Association of Connecticut listings. This is a good way to RSVP and get a link to the meeting!